

Special Olympics Texas Cypress Fairbanks ISD 2019 Basketball

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Dear Parents and Athletes,
The second half of the 2018-2019 Special Olympics sports season will soon begin with basketball. Please plan your practice schedules accordingly through the area meet.

- 1st Practice: Mon, Jan 7, 2019 6:00pm-7:00pm
- Team practices: Langham Creek High School gymnasium
17610 FM 529 Rd. Houston, TX 77095
- Skills practices: Holmsley Elementary School gymnasium
7315 Hudson Oaks Houston, TX 77095
- Practice Days: Mondays and Wednesdays Time: 6:00pm to 7:00pm for both skills and team practices
- If you are unsure if your athlete is considered a team or a skills athlete, please report to Langham Creek for the first practice. The coaches will inform you on proper placement.

Important Dates:

- Jan 21st No practice- student holiday
- Jan 23rd No team practice- schedule conflict at LCHS
- Jan 28th Final acceptance date for new athletes
- Jan 30th Entries due to Area 4 office
- Feb 16th Team Classifications & Skills Competition (location TBD)
- Feb 18th No practice- student holiday
- Mar 2nd Area 4 Team Competition (location TBD)

Monday, January 28th, is the final practice for an athlete to enter this basketball season and still attend competition. Entries are due to the Area 4 office on January 30th and teams will have been determined. Acceptance of new athletes entering after January 28th is at the coach's and area director's discretion.

Attendance and punctuality at practice are important to success, particularly with team sports. Please discuss any scheduling conflicts you may have with your team coach. Appropriate attire (i.e. shorts, shirt, and athletic shoes) is required for practice, keeping in mind that safety and comfort are primary.

Athletes are required to have a yearly physical before they can practice or compete. The medical form must be current, less than one year old.

PLEASE BRING A COPY OF YOUR ATHLETE'S CURRENT MEDICAL FORM TO GIVE THE COACH ON THE FIRST DAY OF PRACTICE. A COPY IS REQUIRED FOR **EACH** SPORT (i.e. participation in basketball and swimming will require two copies—one for the softball coach and one for the swimming coach and so on) PLEASE RETAIN THE ORIGINAL TO MAKE COPIES AS NEEDED FOR ADDITIONAL SPORTS.

How to access the physical form, open the following link and click on "Athlete Medical Form:"

<http://www.cfishd.net/en/parents-students/academics/special-education/special-olympics/>

or access it directly from this link:

https://www.cfishd.net/files/2414/2177/5285/sotx_athlete_medical_form_2015.pdf

Go Cy-Fair!

Sincerely,
Darci Garcia