



## SUBSTANCE USE INTERVENTION PROGRAM (SUIP)

**PRESENTS:**

# ANGER MANAGEMENT

**A 3-Month Series for Parents, Staff, and the CFISD Community**

### Parents, Staff, & Community Neighbors,

*CFISD Guidance & Counseling Department is excited to continue the Substance Use Intervention Program (SUIP) Parent/Community Trainings. This year we will begin with a 3-month series on Anger Management facilitated by CFISD Substance Use Intervention Counselor, Navita Johnson. These trainings are for the CFISD community: parents, staff, community leaders, and neighbors. Please come, learn, and grow!*



Facilitated by:  
CFISD Substance Use  
Intervention Counselor  
Navita K.J. Johnson

October 16, 2018  
6:00 pm

Topic:  
An Introduction to  
Anger Management

Location:  
Richard E. Berry Center  
Panthers/Eagles Room  
8877 Barker Cypress Rd.  
Cypress, TX 77433



November 13, 2018  
6:00 pm

Topic:  
Cognitive Distortions/ Negative  
Thinking Patterns

Location:  
Richard E. Berry Center  
Panthers/Eagles Room  
8877 Barker Cypress Rd.  
Cypress, TX 77433



December 13, 2018  
6:00 pm

Topic:  
Assertiveness Training/  
Understanding Boundaries

Location:  
Instructional Support Center  
Boardroom  
10300 Jones Rd.  
Houston, TX 77065

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