

Cy-Fair ISD

Bullying Resources

Department of Student Services

Bullying Defined

Bullying is defined as a single significant act or a pattern of acts by one or more students directed at another student that exploits an imbalance of power and involves engaging in written or verbal expression, expression through electronic means, or physical conduct

- (1) has the effect or will have the effect of physically harming a student, damaging a student's property, or placing a student in reasonable fear of harm to the student's person or of damage to the student's property;
- (2) is sufficiently severe, persistent, or pervasive enough that the action or threat creates an intimidating, threatening, or abusive educational environment for the student;
- (3) materially and substantially disrupts the educational process or the orderly operation of a classroom or school; or
- (4) infringes on the rights of the victim at school.

Bullying includes cyberbullying. (See below) This state law on bullying prevention applies to:

- (1) bullying that occurs on or is delivered to school property or to the site of a school-sponsored or school-related activity on or off school property;
- (2) bullying that occurs on a publicly or privately-owned school bus or vehicle being used for transportation of students to and from school or a school-sponsored or school-related activity; and
- (3) cyberbullying that occurs off school property or outside of a school-sponsored or school-related activity if the cyberbullying interferes with a student's educational CC-56 opportunities or substantially disrupts the orderly operation of a classroom, school, or school-sponsored or school-related activity.

Prevention / Support

- Positive Behavior Intervention & Supports (PBIS)
- Staff development for administrators & teachers
- Training for students through monthly Project Safety lessons
- Online resources
- Cy-Fair Tipline (formerly SchoolTipline)
- Crime Stoppers
- School counselors
- Active mentor program
- Cy-Fair Sam
- Bullying Toolbox for Educators

Positive Behavioral Interventions & Supports (PBIS)

81 campuses are positive behavior campuses (implementing PBIS) with systems in place to define and establish guiding principles for behavior within the school. These principles guide expected behaviors for all locations within the building, with specific focus on the classroom, common areas (cafeteria, commons, playgrounds, gym, etc.), hallways, and restroom.

PBIS systems are designed to include:

- Teaching expected behaviors in each area mentioned above;
 - Lessons are taught
 - Examples and non-examples of behaviors are shown and discussed
 - Appropriate behaviors are practiced
 - Demonstration of expected behaviors is positively reinforced
- Active supervision plans/schedules of all areas of the campus; and,
 - Areas of the building, especially “high risk areas”, are assigned active adult supervision
 - Teachers are to be at their doors during passing periods

- Specific duties are assigned to common areas
- Classroom management techniques to encourage and reinforce appropriate behaviors in accordance with the campus expectations
 - **BBR** - *Building Better Relationships*
 - **STOIC** - *Structure, Teach, Observe, Interact positively, Correct Fluently*
 - **CHAMPs** - *Conversation, Help, Activity, Movement, Participation*

Within each of these components, behaviors such as bullying are addressed as inappropriate and unacceptable with lessons showing positive examples of peer relations, as well as non-examples.



The Anti-Defamation League (ADL) is a proven leader in anti-bias education that teaches young people to embrace diversity and stand up to bias because we are stronger together.

56 campuses earned the No Place for Hate designation for the 2018-2019 school year including the CFISD Transportation Department that also earned the distinction.

No Place for Hate Coalition -

- Meets at least 4 times a year to discuss activities that promote kindness and diversity
- Coalition includes students, staff, administrators, and family/community members that reflect the diversity of the school's community
- Student led and given responsibility to identify bias, bullying issues in the school, develop goals to address issues and implementation of lessons

ADL Pledge/Resolution of Respect -

- Members of the school community must commit to the goal of No Place for Hate by signing ADL Pledge/Resolution of Respect
- Discussed and signed by students, faculty, staff, parents and community members
- Promotes respect, equity and inclusion for all

Anti-Diversity Lessons - Each student on the campus must have an opportunity to participate in three school-wide anti-bias or diversity lessons/activities. See [“No Place for Hate” guidelines](#).

- Lessons are campus wide activities that focus on inclusivity and community
- Involves students in planning, implementation, active listening and discussion
- Enhance students’ understanding of diversity, bias, social justice and inclusion, and which also foster equity and harmony in your school community.

Faculty & Staff Trainings

Available to all schools through Student Services

– Administrative Training

- Bully-Proofing Your School (Elementary)
 - Working with Victims & Bullies
 - Administrators Guide to Staff Development
- Bullying in Schools DVD Training (All Levels)
- Bully-Proofing for High Schools (Secondary)
- Anti-Bias Building Blocks (Elementary)
- Bullying Awareness - Module 1 (Physical)
- Bullying Awareness - Module 2 (Verbal)
- Bullying Awareness - Module 3 (Cyber-bullying)

– Staff Training

- Power Struggles: Managing Resistance, Building Rapport (All Levels)
- Bullying and Harassment: A Legal Guide for Educators (All Levels)
- Book Study: *The Bully, The Bullied, and the Bystander* by Barbara Coloroso
- Bullying Awareness - Module 1 (Physical)
- Bullying Awareness - Module 2 (Verbal)
- Bullying Awareness - Module 3 (Cyber-bullying)

– Student Training

- Project Safety (All Levels)
- Beating the Bully (All Levels)
- CHOICES (Middle)

Resources

- [8 Skills to Stop Bullying](#)
- [American Psychological Association \(APA\)](#)
- [Attorney General of Texas](#)
- [The Bully Project](#)
- [Bullying at School & Online](#)
- [How Do We Treat One Another At School](#)
- [National Bullying Prevention Center](#)
- [PBS Kids](#)
- [Psychology Today](#)
- [Stop Bullying Now](#)
- [Teens Against Bullying](#)
- [Stop Bullying on the Spot](#)