



# Reopening CFISD: Athletics



## CHECKLIST FOR RETURN TO SCHOOL

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### Health Services:

- Distribute protocols and procedures for daily health screening of all coaching staff and student-athletes.
- Distribute educational materials for students, staff, and the community on good hygiene practices.
- Distribute materials for coaching staff use of PPE and screening of student-athletes.
- Distribute protocols and procedures for coaching staff and student-athletes, i.e., social distancing in all utilized locations, including but not limited to locker rooms, weight rooms, dugouts, meeting areas, pools, etc.
- Distribute protocols and procedures for coaching staff and student-athletes returning to school after an illness.

### Communication:

- Develop a comprehensive communication plan (including social media) for sharing enhanced health and safety protocols, procedures, and guidelines issued by CFISD, UIL, TEA and Governor Abbott's Executive Order GA-29.
- Distribute materials for educating students, staff, and the community on good hygiene practices.
- All parent meetings and booster club meetings will be virtual until further notice.
- Operational plan will be communicated to campus administrators, parents, students, faculty, and officials.

### Preparing Parents:

- Implement a communication plan for parents of student-athletes returning to school (virtual parent meetings, social media, email, etc.).
  - Protocols and procedures for daily health screening of student-athletes
  - Enhanced health and safety protocols and procedures
  - Protocols and procedures at practice and game drop-off/pick-up times and locations
  - Protocols and procedures for game day meal delivery



## Preparing Parents (continued):

- Implement Executive Order GA-29 issued by Governor Abbott regarding face coverings during UIL activities (practices and contests).
- Distribute protocols and procedures for game day operations of all visitors, excluding prior screened participants, coaches, etc.

## Preparing Staff and Students:

- Implement a communication plan for coaching staff and student-athletes returning to school (virtual meetings, staff development, schoology, social media, etc.).
  - Pre-season and beginning of school year timeline
  - Protocols and procedures for daily health screening of coaching staff and student-athletes
- Communicate/train coaching staff and student-athletes on supervision plans for locker rooms, weight rooms, and any location accessible to students.
- Coaching staff and student-athletes are required to wear face coverings while in locker rooms, meeting rooms, training rooms, and any other areas where students have access other than shower facilities.
- Coaching Offices-Coaches will be expected to have 6 ft. of distance between desk/work/meeting/lunch areas. Less than 6 ft. is allowable for cumulative durations of less than 15 minutes if masks are worn.
- Implement policies and procedures regarding high traffic areas (propping doors, hallways, etc.).
- Train all coaching staff and student-athletes on the enhanced health and safety protocols and procedures. Stress the “why” behind each new measure.
- Implement Executive Order GA-29 issued by Governor Abbott regarding face coverings during UIL activities (practices and contests).

## Athletic Facilities:

- Thoroughly disinfect all interior surfaces (operations) and sport specific equipment per established operational procedures. (coaches)
- Ensure the cleaning supplies inventory is sufficient for the total number of areas being utilized. (coaches collaborate with operations)
- Ensure adequate cleaning supplies, hand soap and sanitizer are available in restrooms, facility entrances, and by identified high traffic and touch surfaces and areas. (operations)
- Evaluate the number of athletics staff assigned to each facility to determine if additional support is needed to appropriately supervise each area.



## Athletic Facilities (cont.):

- Identify high touch surfaces and areas that require thorough cleaning due to heavy usage – i.e., weight rooms, gyms, pools, restrooms, staff offices, locker rooms, outdoor bleachers, dugouts, training rooms, laundry rooms, and other areas as specified by campus.
- Identify areas restricted for use pre-determined by campus.
- Implement capacity restrictions and ensure signage is properly displayed in all accessible locations.
- Ensure adequate ventilation in coaches' offices is available (relocate if necessary). Increase HVAC in all locker rooms.
- Ensure weight rooms, gyms, pools, locker rooms, coaches' offices, meeting rooms, training rooms etc. allow for social distancing.
- Develop and implement a plan for managing the storage, cleaning and disinfecting, and redistribution of equipment.
- Implement laundry washing/drying protocols.
- During school, period by period cleaning and sanitizing will be performed by Operations/Custodial staff of locker rooms, weight rooms, and training rooms using EPA registered hospital grade disinfectants.
- After school and post-practice cleaning and sanitizing by Operations/Custodial staff of locker rooms, weight rooms, and training rooms using EPA registered hospital grade disinfectants. Mist systems will be utilized in all athletic areas at the end of the day to distribute EPA registered, hospital grade disinfectant to all athletic surfaces and environments.

## COVID-19 Response Guidelines:

### Students or Staff Confirmed or Suspected with COVID-19:

- Implement district guidelines, with guidance from TEA/UIH/Health Services, by following general steps to take when responding to a confirmed or suspected COVID-19 case in our athletic facilities/workplace.
- Take immediate action to prevent additional athletic facility/workplace and community spread.



## Technology Services (Virtual Learners):

- Provide remote access (at-home workouts) for virtual learners that are not in the athletic period. Work within the guidelines and parameters set forth by CFISD.
- Implement and support with social media and SportsYou app.

## Athletics Leadership:

- Implement systems (social distancing, mask/face covering, cleaning and sanitization, and supervision) for mitigating the risk of spreading COVID-19 in each of the following areas of focus:
  - Student drop-off and pick-up locations
  - Before, during and after school, practice and/or games
  - Restrooms – face coverings, social distancing, sanitization
  - Hallways – traffic flow and staggered rotations
  - Locker rooms - face covering mandate and supervision plan to ensure mandate is being met; staggered entry/exit
  - Locker assignment - Stagger assignments utilizing all space for all sports. Expectation is to have sports integrated throughout the entire locker room area. Exception would be equipment restrictive sports (football, softball, baseball)
  - Practice plan - hydration, social distancing, face covering, sanitization
  - Weight rooms, training rooms, meeting rooms, and any location accessible to students and staff
- Modify instruction to maximize social distancing for athletes not taking active reps.
- Review practice and game schedules to determine if modification is needed.
- Implement contingency plans for bad weather/emergency drills or situations.

## Transportation:

- Implement health and safety protocols and procedures for buses - i.e., face coverings, hand sanitizers, sanitizing between trips (boarding and departing the school bus), and social distancing of student-athletes and staff.
- Team sports will follow guidelines from UIL/TEA on safely transporting students. This includes capacity limits and sanitization of bus equipment.



## Transportation (cont.):

- Train all drivers on the enhanced health and safety protocols and procedures:
  - All passengers, including the bus driver, coaches, and student-athletes will wear masks on the bus and sanitize hands upon boarding and departure from the bus.
  - Follow social distance guidelines: 2 athletes per seat maximum, and assign 1 per seat when possible
  - Prior to students and coaches boarding the bus, the bus driver will sanitize handrails, seats, and any other high touch areas.
  - After students and coaches have departed the bus, the bus driver will sanitize handrails, seats, and any other high touch areas.

## Game Day Guidelines:

- Distribute and implement CFISD protocols and procedures, in conjunction with UIL guidelines, for game day health screening of all spectators, excluding prior screened participants, coaches, etc.
- Determine if the capacities for gyms and bleachers need adjustment.
- Implement capacity restrictions and ensure signage is properly displayed in all accessible locations.
- Implement ticket selling procedures to comply with capacity requirements.
- Designate a cleaned and disinfected area for teams to unload and load buses separate from fans, spectators, and other individuals not essential to the team or group.
- Guidelines for coaches and athletes not actively participating, must wear a face covering
- Plan for a "Holding Area" for teams waiting to compete.
- Implement concession stand guidelines - pre-packaged/closed choices, staff wearing PPE and social distancing, cleaning and sanitization
- Plan to sanitize locker rooms between teams' use during halftime.
- Implement officials' dressing procedures, as needed.
- Implement screening protocols and procedures to screen all staff members, contractors, volunteers, sports officials, contest judges, and any individuals otherwise involved in working contests.



## Game Day Guidelines (cont.):

- Outdoor relocation plan for bad weather conditions
- Implement pre- and post-game entry/exit plans for all participants and spectators.
- Implement social distancing guidelines for all spectators. (Follow all mandates)
- Implement cleaning and sanitization protocols and procedures for press box, concession stands, and any locations used for contests.
- Consider the implementation of plexiglass dividers used at concession stands to separate staff from patrons.
- Implement protocols and procedures for concession stand workers that includes screening, face covering, social distancing, hygiene and sanitization, and supervision.
- Determine if there is an adequate inventory of needed supplies, i.e., thermometers, gloves, masks, cleaning supplies, etc.
- Train all staff on enhanced health and safety protocols and procedures.
- Implement health protocols, including social distancing following CFISD, TEA, UIL protocols as well as Governor Abbott's Executive Order GA-29.