

'21 – '22

# Cypress-Fairbanks ISD



## Athletic Pre-Participation Form Instructions

**PLEASE FOLLOW THESE STEPS IN ORDER TO BE CLEARED FOR ATHLETIC PARTICIPATION**

There are **two steps** in order for a student to be cleared for athletic participation at any CFISD middle and/or high school.

- 1) Completion of the athletic pre-participation forms, which can be found at:

**Cypressfairbanksisd.rankonesport.com**

- Go to the website listed above to complete your forms. Click the blue button in the center of the page that says "START ONLINE FORMS" and follow the steps as directed. Note: When entering your student ID do not use the "S", enter only the numbers. (Ex. If your student ID is S123456, you would enter 123456).
- You must fill out 5 online forms. The 5 forms are:
  - Medical History
  - UIL Signature Page
  - CFISD-Emergency Card Information
  - CFISD-ECG Consent
  - CFISD Field Trip Form

- 2) A current physical on file. If the student is about to enter or is currently in:

- **High school**, your physical should be turned in to the athletic trainer on campus.
- **Middle school**, your physical should be turned in to the coach of your participating sport.

**ADDITIONAL INFORMATION REGARDING ALL ANNUAL PRE-PARTICIPATION FORMS**

- All **required participation forms (physical and online forms)** must be submitted **before** a student participates in any try-out, practice, athletic class, open gym, open weight room, athletic competition or travels with a CFISD athletic team for any purpose.
- The student is required to use the Pre-Participation - Physical Examination Form attached; **NO OTHER** Physical Examination Form can be accepted as per the University Interscholastic League (UIL).
- The Medical History form is filled out by the parent and taken with the student when getting a physical.
- Please refer to the information listed on the physical form regarding who qualifies to administer and sign the physical.
- A new physical form must be turned in **prior** to each calendar school year.

