

Langham Creek High School Cross Country Schedule 2021

DATE	DAY	EVENT / MEET	LOCATION	Leaving LCHS	Event start TIME
JUNE					
JUNE 17	Thursday	Freshmen/New members Meet & Greet	Langham Creek HS		12:00-1:00pm
JULY					
6	Tuesday	Pre-Season Starts! <small>* All Paperwork due including Physical, Rank One Website Info, Copy of Birth Certificate, and PAPF Form*</small>	Langham Creek HS		6:30 am
13	Tuesday	Goforth Park Run/Breakfast picnic	Goforth Park, West Rd	6:30 am	8:30 am
29	Thursday	TYPHOON TEXAS Team Event	Typhoon Texas Water Park - Katy, Tx	9:00 am	4:00 pm
AUGUST					
2	Monday	LCHS XC- Parent Meeting Meet the coaches	LCHS-Team Room		6:30 pm
6	Friday	Cross Country Kick Off-Family Night	LCHS- Stadium		6:00-7:30pm
14	Saturday	Cypress XC Relays	Spring Creek Park Tomball, Texas	6:00 am	7:30 am
20	Friday	FRIO-FRIDAY NIGHT LIGHTS RUN	Sealy HS Sealy, Texas	5:00 pm	7:00 pm
28	Saturday	Kingwood Classmate Challenge	Kingwood HS Kingwood, Texas	5:30 am	7:30 am
SEPTEMBER					
3	Friday	Cy Falls Eagles Invitational	Cy Falls HS -CFISD	4:00 pm	5:30 pm
11	Saturday	Run the Dog Pound Invitational	Magnolia HS	5:30 am	7:30 am
17	Friday	CFISD XC Invitational	Spring creek Park Tomball, Tx	6:00 am	7:30 am
25	Saturday	Liberty-Tony Munson-Invitational	Liberty HS Liberty, Texas	5:30 am	7:30 am
OCTOBER					
8	Friday	The HOKA ONE POSTAL 2 MILE NATIONALS	Memorial HS- SBISD	5:00 pm	7:00 pm
15	Friday	District 16-6A XC Championship	Spring creek Park Tomball, Tx	5:30 am	7:30 am
25	Monday	Regional Finals- TBA	Grand Prairie Tx.	TBA	
NOVEMBER					
6	Saturday	Texas UIL State Meet Round Rock, TX (Varsity only)	Old Settler's Park	TBA	Travel Friday
17	Wednesday	XC Banquet	Clays Restaurant		6:00pm-9:00pm

Head Coach-Girls:

Contact info:

Head Coach-Boys:

Contact info:

Athletic Trainers:

Bronze Ellison

Bronze.ellison@cfisd.net

Joel Garcia

Joel.garcia@cfisd.net

Eric Laughlin



Assistant Athletic Trainers:

District Athletic Director:

Campus Athletic Director:

Assistant Athletic Director

Building Principal:

Joseph Hebert

Ray Zepeda

Todd Thompson

Annette Stewart

Jose Martinez

Evelyn Cantu

